

Entrees

	M / NM
Garlic Bread VG	\$7 / \$9
Add cheese \$1 Add bacon \$2	
Wedges VG	\$12 / \$14
Served with sour cream and sweet chilli	
Thai Fish Cakes (4)	\$12 / \$14
Thai salmon fish cakes with bean sprouts, Asian herbs and a fresh chili dipping sauce	
Homemade Pork Spring Rolls (4)	\$12 / \$14
With a plum dipping sauce	
Crumbed Calamari (6)	\$12 / \$14
With lime aioli and lemon wedge	
Pork Belly Bites (6) GF DF	\$12 / \$14
Served with BBQ sauce	
Onion Rings (6) VG	\$6 / \$8
With aioli	
Satay Chicken Skewers (2) GF	\$12 / \$14
With coconut rice	
Chicken Wings ½ kilo	\$15 / \$17
Served with chips and your choice of smoky BBQ or Buffalo	
Kilpatrick Oysters	½ doz \$18 1 doz \$30
Natural Oysters	½ doz \$16 1 doz \$28

HELENSVALE TAVERN

VG Vegetarian **GF** Gluten Free **DF** Dairy Free

M / NM = Member / Non Member

Burgers

Served with chips	M / NM
Wagyu Beef Burger	\$18 / \$20
Lettuce, tomato, beetroot, caramelized onion, egg, bacon, cheese, tomato sauce on a toasted brioche bun	
Crumbed Chicken Burger	\$18 / \$20
Crumbed Chicken breast, cheese, avocado, bacon, slaw, and burger sauce	
Pulled Pork Burger	\$18 / \$20
Smoky BBQ pulled pork, onion rings and a crunchy slaw	
Trio of Sliders (pick one)	\$15 / \$17
• Beef brisket and slaw	
• Pulled pork and slaw	
• Buffalo chicken and slaw	

Bowls

	M / NM
Salmon Bowl GF DF	\$21 / \$23
Coconut rice, glazed salmon, edamame beans, avocado, pickled ginger and a ginger shallot dressing	
Satay Chicken Bowl GF	\$19 / \$21
Coconut rice, marinated chicken breast, fresh salad, and satay sauce	
Thai Beef Bowl	\$19 / \$21
Coconut rice, marinated beef, bean sprouts, edamame beans, coriander, cucumber, fried noodles, and a spicy Thai dressing	

Pizza

Takeaway Box \$2	M / NM
The Hawaiian	\$18 / \$20
Tomato base, ham, pineapple, and mozzarella	
Margherita	\$18 / \$20
Tomato base, fetta, spinach, diced tomato and basil pesto oil	
The Meat-eater	\$20 / \$22
BBQ base, chicken, pepperoni, salami, onion, mozzarella and a BBQ swirl	
The Chicken Barbie	\$20 / \$22
BBQ base, chicken, bacon, onion, capsicum, mozzarella and a BBQ swirl	
The Supreme	\$20 / \$22
Tomato base, ground beef, bacon, mushroom, pepperoni, salami, spinach, ham, pineapple and mozzarella	

Kids

All kids meals come with an ice cream cup (12yr under)

• Chicken Nuggets & Chips	\$11
• Chicken Schnitzel & Chips	\$11
• Kids Cheeseburger Sliders & Chips	\$11
• Kids Pizza & Chips	\$11
• Kids Pasta	\$11

Please see our friendly staff for a dessert and coffee menu

Mains

	M / NM		M / NM
Creamy Garlic Prawns GF	\$22 / \$24	Crumbed Lamb Cutlet GF	\$27 / \$29
Prawns on a bed of fragrant coconut rice served with a white wine and garlic sauce		With creamy mash and seasonal vegetables with a minted gravy	
Grilled Barramundi GF	\$23 / \$25	Chicken Korma GF	\$18 / \$20
With mash, and broccolini topped with creamy coconut prawns		With coconut rice and poppadom (mild)	
Battered Fish & Chips	\$17 / \$19	Chicken Breast	\$24 / \$26
Salt & pepper flathead with chips, garden salad and tartare sauce		Wrapped in bacon served with mash and greens topped with avocado sauce	
Salt & Pepper Calamari	\$17 / \$19	Chicken Schnitzel	\$17 / \$19
Served with chips, garden salad and aioli		Chicken Schnitzel with chips, salad, and your choice of creamy pepper, dianne, mushroom or traditional gravy	
Grilled Salmon GF DF	\$24 / \$26	Chicken Parmy	\$19 / \$21
Honey glazed salmon with roasted chat potatoes and seasonal vegetables		Chicken Schnitzel topped with Napoli, ham and cheese served with chips and garden salad	
Seafood Basket	\$17 / \$19	House made Beef Risssoles	\$17 / \$19
With chips, garden salad and tartare sauce		Creamy mash potato and peas served with gravy	
Pumpkin Gnocchi VG	\$18 / \$20	Smoky BBQ Beef Brisket GF DFO	\$22 / \$24
Gnocchi and spinach in a rosé sauce add chicken \$6		With creamy mash and bok choy	
Beef Ragu Pappardelle	\$22 / \$24		
Braised beef in a red wine and Napoli sauce served with pappardelle pasta			
Red-Braised Pork Belly DF	\$24 / \$26		
With sautéed bok choy and seasonal vegetables			
Lamb Shank GF	\$23 / \$25		
extra shank \$8			
Slow Cooked Lamb Shank served with creamy mash and seasonal vegetables			

Sides

- Chips \$3
- Garden Salad \$3
- Seasonal Vegetables \$5
- Roasted Potatoes \$5

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Chargrill

Served with chips and salad or roast chat potatoes and vegetables with your choice of sauce -
Creamy pepper, creamy garlic, dianne, lime aioli, mushroom, traditional gravy

M / NM

- 400g Rump \$30 / \$32
- 300g Rib Fillet \$29 / \$31
- 250g Eye Fillet \$29 / \$31
- 250g Rump \$18 / \$20

Add/Topper

- Pork Belly Bites \$12
- Onion Rings \$8
- Crumbed Calamari \$8
- Garlic Prawns \$8
- Thai Beef \$8

 **HELENSVALE TAVERN**

Dietaries: If you have any allergy or dietary requirements, please inform staff upon ordering. We take care in accommodating dietary requirements however our kitchen still uses products that contain nuts, gluten, dairy, and seafood which may cause cross-contamination